

UNPLUG & CONNECT

MARCH 18, 7:00 P.M. MAPLE MOUNTAIN HIGH SCHOOL

A COMMUNITY MAKING A DIFFERENCE

Strengthen Families and Kids



Christy Kane PhD, CMHC

Promotional
Video:

[https://
www.youtube.com
/watch?
v=jpI9Myzdrqg](https://www.youtube.com/watch?v=jpI9Myzdrqg)

Dr. Kane uses clinical experience and scientific research to explain the neurological changes taking place in the developing brain due to the impact of electronics

HOW ELECTRONICS IMPACT THE HUMAN BRAIN

Attendees learn key solutions to help stabilize their families in this electronic world



- How many hours a day do you or your family members use electronic devices?
- Is this electronic usage impacting the growth and development of the brain?
- Is social media bad for you and/or your family?
- Are there ways to help offset the negative effects of electronics use?
- Are electronics neurologically addictive?